



Peel Orthodontics

More Than A Smile



INITIAL QUESTIONS

There are very few true orthodontic emergencies. Most problems can be remedied at home. If you have a situation that you cannot resolve on your own, call us as soon as possible so we can fit you in for a repair appointment. In the meantime, this brochure can assist in resolving many problems you may encounter during your orthodontic treatment. Please see attached picture with parts labelled.

LOST SEPARATOR

It is very common to lose a separator during treatment. If a separator comes out, call our office to see if it needs to be replaced.

SORE TEETH

If your teeth are sore after your visit you may take paracetamol and ibuprofen or other non - aspirin pain relievers while you adjust to your new braces. Please follow instructions on packet. A warm wash cloth, heating pad or warm salt water rinses may reduce soreness in your jaws. A soft diet with nothing that requires chewing like rice and pasta or soup is also ideal.



DISCOMFORT WITH ORTHODONTIC TREATMENT

During the first week after your braces are in place and routine adjustments are complete, you will likely feel some pain, soreness or discomfort. You may take Panadol or other non-aspirin pain relievers while you adjust to your new braces. A warm wash cloth or heating pad may reduce the soreness in your jaws.



LOOSE BRACKETS

If the main wire or a bracket comes loose. First, call our office to see if the bracket needs to be re-fitted immediately, or if it can wait until your next scheduled appointment. Sometimes when braces are first fitted, brackets may come off as the glue may not take. Please do not become alarmed. If you have a situation where you must cut the wire or slide a bracket off the wire, you may use fingernail clippers that have been washed and sterilised in alcohol. Please call our office the next business day to schedule a repair.

WIRE IRRITATIONS

If the wire on your braces causes irritation, try moving the wire from the irritated area with a cotton swab. If the wire will not move, try covering the end of it with a small piece of cotton wool or a small amount of wax. If the wire is still painful, you can cut it with nail clippers that have been washed and sterilised in alcohol. A warm salty mouth wash can also assist.



CONTACT

If you have any queries, please contact us on 9586 9653, info@peelorthodontics.com, or private message through Facebook. There is an emergency page on our website: morethanasmile.com.au. If you still require assistance after hours, phone 0444 579 936 and leave a message someone will get back to you.